

	Name	club	cat	Sabden Trail	Trawden Trail	Hendon Brook	Towneley 10K	Best from 4	best from 3	best from 2	Best from 1
1	Molly Ralphson	Barlick Fell Runners	F45	2	5	5	2	14	9	4	2
2	Dawn Ridsdale	Clayton-le-Moors Harriers	F35	8	14	8	21	51	30	16	8
3	Dany Robson	Unattached	F50	13	16	13	13	55	39	26	13
4	Michelle Sumner	Unattached	F40	50	24	16	15	105	55	31	15
5	Lisa Ellis	Clayton-le-Moors Harriers	F35	37	45	27	26	135	90	53	26
6	Vanessa Mccartney	Worsthorne with Hurstwood	F45	32	47	33	28	140	93	60	28
7	Helen Harrison	Clayton-le-Moors Harriers	F50	41	44	30	30	145	101	60	30
8	Hayley Copeman	Unattached	F50	42	48	37	33	160	112	70	33
9	Sissel Lundberg-Bury	Rosendale Harriers	F55	46	53	29	42	170	117	71	29
10	Jessica Dixon	Trawden AC	FS	45	81	39	39	204	123	78	39
11	Sharon Webber	Trawden AC	F45	53	77	56	48	234	157	101	48
12	Clare Mead	Trawden AC	F50	70	87	59	50	266	179	109	50
13	Jacqueline Collins	Barlick Fell Runners	F40	1	6	3			10	4	1
14	Catherine Derbyshire	Accrington Road Runners	F45	4	9		7		20	11	4
15	Lucy Brown	Barlick Fell Runners	F35	6	13	10			29	16	6
16	Julie Townson	Trawden AC	F60	11	12	14			37	23	11
17	Emma Pease	Barlick Fell Runners	F40	9	22		16		47	25	9
18	Emily Nolan	Ennerdale Road Runners	F35	20	26	17			63	37	17
19	Irene Roche	Clayton-le-Moors Harriers	F60	23		22	18		63	40	18
20	Stephanie Mcardle-Watson	Trawden AC	FS		28	19	19		66	38	19
21	Davina Raidy	Rosendale Harriers	F50	17	25		25		67	42	17
22	Katie Towers	Barlick Fell Runners	F35	26	27	15			68	41	15
23	Lynn Whittaker	Wharfedale Harriers	F55	19	30		22		71	41	19
24	Gemma Carson	Barlick Fell Runners	F35	24	34		24		82	48	24
25	Katharine Gregson	Accrington Road Runners	F45	22	46	18			86	40	18
26	Alexandra Mikita	Worsthorne with Hurstwood	F40	30		36	31		97	61	30
27	Debra Leah	Trawden AC	F50	38		32	32		102	64	32
28	Sarah Ashworth	Clayton-le-Moors Harriers	F35	43		31	36		110	67	31
29	Rachel Gilmore	Clayton-le-Moors Harriers	F50	44	52		38		134	82	38
30	Caroline Richards	Worsthorne with Hurstwood	F50	59	75	47			181	106	47
31	Maxine Betts	Trawden AC	F50	61	93		41		195	102	41
32	Helen Beech	Trawden AC	F35	65	94		44		203	109	44
33	Karin Goss	Clayton-le-Moors Harriers	F70	67	85		53		205	120	53
34	Gillian Greenwood	Trawden AC	F55	66	97		54		217	120	54
35	Lynne Hawthornthwaite	Trawden AC	F40	69	88	60	51		217	129	60
36	April Thorpe	Unattached	FS		2	2				4	2
37	Amy Mckechnie	Queensbury	F40		4		3			7	3
38	Sophie Pilkington	Red Rose Road Runners	FS	3			4			7	3
39	Sue Burns	Unattached	F60	7			6			13	6
40	Sophie Howard	Rosendale Harriers	FS	5			11			16	5
41	Jo Perry	Trawden AC	F40		10	7				17	7
42	Laura Craig	Barlick Fell Runners	F		8		9			17	8
43	Lisa Miles	Littleborough Runners	F50		18	9				27	9
44	Teresa De Curtis	Clayton-le-Moors Harriers	F45	10		21				31	10
45	Tracy Mitchell	Clayton Le Moor Harriers	F45		17		14			31	14
46	Janette Wallis	Clayton-le-Moors Harriers	F55	16			27			43	16
47	Lisa Ingham	Blackburn Road Runners	F50	18	31					49	18
48	Jen Sethi	Trawden AC	F		32	23				55	23
49	Sophie Ashworth	Clayton-le-Moors Harriers	FJ	25	38					63	25
50	Gail Bamber	Blackburn Road Runners	F45	27	36					63	27
51	Tessa Walmsley	Trawden AC	F35	33	42					75	33
52	Julia Rushton	Clayton-le-Moors Harriers	F55	39	41					80	39
53	Janet Rogers	Worsthorne with Hurstwood	F60	47			37			84	37
54	Rachael Strutz	Unattached	F40	51	40					91	40
55	Rebecca Bradshaw	Trawden AC	FS		50	41				91	41
56	Elouise Sylkie Pemberton	Trawden AC	F		65		34			99	34
57	Cath Kippax	Running4CF	F45	57		42				99	42
58	Jen Royle	Running4CF	F45	58		55				113	55
59	Karen Windle	Trawden AC	F60		64	51				115	51
60	Anne Beech	Barlick Fell Runners	F50	48	68					116	48

61	Emma Greenwood	Worsthorne with Hurstwood	F45	60	73		133	60
62	Linda Ensby	Trawden AC	F55		98	55	153	55
63	Sharon Wilson	Clayton-le-Moors Harriers	F45	71	100		171	71
64	Emma Richardson	Rossendale Harriers	F			1		1
65	Hannah Jarvis	Accrington Road Runners	F35			1		1
66	Helen Smith	Ribble Valley Harriers	F		1			1
67	Liz Ensor	Wharfedale Harriers	F40		3			3
68	Emma Taylor	Barlick Fell Runners	F			4		4
69	Miranda Bower	Unattached	F				5	5
70	Victoria Rogan	Trawden AC	F35			6		6
71	Christina Singleton	Unattached	F40		7			7
72	Michelle Abbott	Clayton-le-Moors Harriers	F40			8		8
73	Lisa Parker	Accrington Road Runners	F40			10		10
74	Hayley Whitehead	Barlick Fell Runners	F		11			11
75	Janette Rayton	Red Rose Road Runners	F40			11		11
76	Clare Smallwood	Keighley & Craven AC	F50				12	12
77	Isabel Hartley	Clayton-le-Moors Harriers	FJ	12				12
78	Marta Czezelewska	Unattached	F40				12	12
79	Deborah Robinson	Blackburn Road Runners	F35	14				14
80	Hannah Eccles	Clayton-le-Moors Harriers	FJ	15				15
81	Rebecca Ward	Chorley Athletic and Tri Club	F		15			15
82	Barbara Savage	Clayton-le-Moors Harriers	F55				17	17
83	Hayley Haworth	Thornton Cleveleys Running Club	F		19			19
84	Hannah Newbold	Barlick Fell Runners	FS				20	20
85	Nicola Muller	Barlick Fell Runners	F45			20		20
86	Zoe Smith	Keighley and Craven	F		20			20
87	Fran Connolly	Blackpool Wyre & Fylde Athletics Club	F40		21			21
88	Joanne Motley	Clayton-le-Moors Harriers	F35	21				21
89	Heidi O'Shea	Holmfirth Harriers	F40				23	23
90	Wendy Barrett	Unattached	F		23			23
91	Rachel Robinson	Unattached	F35			24		24
92	Helen Walsh	Unattached	F				25	25
93	Vicky Thornton	Unattached	F				26	26
94	Louane Frances	Trawden AC	F40				28	28
95	Victoria Lingard	Unattached	F50	28				28
96	Heather Rostron	Todmorden Harriers	F40				29	29
97	Justine Jordan	Trawden AC	F45		29			29
98	Natasha Meadowcroft	Baxenden Running Bugs	F	29				29
99	Elaine Corcoran	Trawden AC	F40	31				31
100	Elizabeth Guirguis	Prestwich Ac	F45		33			33
101	Margaret Worbey	Red Rose Road Runners	F40			34		34
102	Rebecca Pickering	Unattached	F	34				34
103	Anneke Crosby	Red Rose Road Runners	F55				35	35
104	Rach Garner	Prestwich Ac	F45		35			35
105	Susanne Smith	Unattached	F50	35				35
106	Toni Procter	Unattached	F35				35	35
107	Kate Griffiths	Unattached	F45	36				36
108	Janet Lord	Unattached	F55		37			37
109	Andrea Beswick	Unattached	F45			38		38
110	Maxine Morton	Unattached	F45		39			39
111	Andrea Lambert	Unattached	F40			40		40
112	Jane Stirling	Holmfirth Harriers	F50				40	40
113	Karen Fazakerley	Baxenden Running Bugs	F40	40				40
114	Helen Binns	Ramsbottom Running Club	F45		43			43
115	Pamela Mccullagh	Accrington Road Runners	F45			43		43
116	Sheila Shackleton	Todmorden Harriers	F60				43	43
117	Judi Ingham	Red Rose Road Runners	F50				44	44
118	Emily Ainsworth	Unattached	F				45	45
119	Leanne Finch	Red Rose Road Runners	F40				45	45
120	Angela O'Hara	Trawden AC	F50				46	46
121	Eileen Wadsworth	Rossendale Harriers	F60				46	46
122	Alison Thorne	Unattached	F50				47	47
123	Elizabeth Allison	Trawden AC	F55				48	48
124	Helen Fisher	Baxenden Running Bugs	F35	49				49
125	Hilary Anson	Trawden AC	F60		49			49
126	Janette Daley	Trawden AC	F45				49	49
127	Katie Skelton	Unattached	F35				49	49

128	Lisa Byrom	Unattached	F45		50	50
129	Jennifer Burtonwood	Blackpool Wyre & Fylde Athletics Club	F55	51		51
130	Elaine Holdsworth	Trawden AC	F55		52	52
131	Julia Taylor	Clayton-le-Moors Harriers	F60		52	52
132	Zoe Alder	Baxenden Running Bugs	F45	52		52
133	Karen Clarkin	Clayton-le-Moors Harriers	F45		53	53
134	Janette Hall	Clayton-le-Moors Harriers	F45		54	54
135	Karen Leach	Ramsbottom Running Club	F40	54		54
136	Suzanne Murray	Unattached	F45	54		54
137	Clare Brame	Lonely Goat Rc	F		55	55
138	Kelly Parkinson	Unattached	F40	55		55
139	Jane Hylands	Clayton-le-Moors Harriers	F45	56		56
140	Jillian Heywood	Royton Road Runners	F50	56		56
141	Lynne Bullock	Unattached	F60		56	56
142	Kate Taylor	Unattached	F45		57	57
143	Lindsay Whitham	Trawden AC	F40	57		57
144	Samantha Abdoollah	Unattached	F35		57	57
145	Lynsey Austen	Unattached	F45		58	58
146	Sally Ralphson	Unattached	F	58		58
147	Linzi Lloyd-Henry	Prestwich Ac	F55	59		59
148	Helen Harrison	Barlick Fell Runners	F	60		60
149	Susan Hird	Barlick Fell Runners	F65	61		61
150	Cheryl Rickwood	Blackpool Wyre & Fylde Athletics Club	F40	62		62
151	Jenny Panton	Unattached	F35	62		62
152	Tess Walker	Unattached	F40	63		63
153	Victoria Frost	Ramsbottom Running Club	F50	63		63
154	Christine Smith	Rossendale Harriers	F45	64		64
155	Tracy Taylor	Trawden AC	F45	66		66
156	Jo Hardwick	Unattached	F55	67		67
157	TJ Ellis	Clayton-le-Moors Harriers	FJ	68		68
158	Caroline Sturgess	Blackburn Road Runners	F40	69		69
159	Beverley Gigli	Blackpool Wyre & Fylde Athletics Club	F55	70		70
160	Marissa McPhillips	Ramsbottom Running Club	F45	71		71
161	Stephanie Caldwell	Prestwich Ac	F65	72		72
162	Nichola Cooke	Prestwich Ac	F	74		74
163	Cheryl Schofield	Lonely Goat Rc	F45	76		76
164	Joanne Houghton	Prestwich Ac	F55	78		78
165	Rachel Hughes	Trawden AC	F	79		79
166	Joanne Webber	Trawden AC	F55	80		80
167	Anna Forrester	Unattached	F	82		82
168	Caitlin Brown	Unattached	F	83		83
169	Caroline Mcglynn-Milner	Unattached	F40	84		84
170	Julie Marsden	Blackburn Road Runners	F45	86		86
171	Julie Brear	Trawden AC	F40	89		89
172	Linda Smith-Egan	Darwen Dashers	F55	90		90
173	Viki Walsh	Darwen Dashers	F40	91		91
174	Diane Ford	Ramsbottom Running Club	F45	92		92
175	Julie Carman	Trawden AC	F65	95		95
176	Karen Figiel	Accrington Road Runners	F55	96		96
177	Helen Mcvey	Ramsbottom Running Club	F50	99		99