

				Hameldon	Pinaw Trail	Run Forrest Run	Kelbrook	Weeks	Barrowford 5K	Sabden Trail	Trawden Trail	Hendon Brook	Towneley 10 K	Greenway 5 K	Worsthorne	Boulsworth Fell	best from 3	best from 2	Best from 1
	Name	club	cat																
1	Liz Ensor	Wharfedale Harriers	F40	4	2	2											8	4	2
2	Josephine Wells	Rossendale Harriers	FS	6	5	5											16	10	5
3	Kim Kennedy	Clayton le Moors Harriers	F40	12	7	7											26	14	7
4	Lucy Brown	Barlick Fell Runners	FS	11	8	10											29	18	8
5	Heather Dagleish	Rossendale Harriers	F40	10	12	9											31	19	9
6	Diane Haggard	Ribble Valley Runners	F55	15	16	14											45	29	14
7	Lynn Whittaker	Wharfedale Harriers	F60	19	13	15											47	28	13
8	Jayne Butterworth	Skipton AC	F55	14	19	22											55	33	14
9	Joanne Motley	Ribble Valley Runners	F40	18	18	23											59	36	18
10	Hannah Eccles	Clayton le Moors Harriers	FJ	24	21	39											84	45	21
11	Rachael Strutz	Accrington Road Runners	F40	41	26	41											108	67	26
12	Sissel Lundberg-Bury	Rossendale Harriers	F55	37	31	40											108	68	31
13	Janet Rogers	Worsthorne & Hurstwood RC	F60	52	36	43											131	79	36
14	Christine Smith	Rossendale Harriers	F45	50	38	47											135	85	38
15	Nicola Spencer	Clayton le Moors Harriers	F40	49	40	49											138	89	40
16	Lorna Holt	Rossendale Harriers	F45	51	41	58											150	92	41
17	Kate Plowright	Unattached	F50	61	44	56											161	100	44
18	Keeley Crabtree	Unattached	F45	62	43	57											162	100	43
19	Hilary Farren	Rossendale Harriers	F55	65	45	60											170	105	45
20	Karin Goss	Clayton le Moors Harriers	F70	63	46	62											171	108	46
21	Lynne Hawthornthw'te	Trawden AC	F40	66	52	64											182	116	52
22	Clare Mead	Trawden AC	F50	67	51	66											184	117	51
23	Christine Leathley	Clayton le Moors Harriers	F70	70	53	68											191	121	53
24	Eve Hartley	Clayton-le-Moors	FJ		1	1											-	2	1
25	Laura Craig	Barlick Fell Runners	FS	3	3												-	6	3
26	Rebecca Rimmington	Clayton le Moors Harriers	FS	7		3											-	10	3
27	Kate Griffiths	Ribble Valley Runners	F45	16		11											-	27	11
28	Sophie Howard	Rossendale Harriers	F		10	18											-	28	10
29	Heather Driver	Barlick Fell Runners	F		14	16											-	30	14
30	Gillian Doolan	Stockport Tri Club	F50		20	25											-	45	20
31	Lisa Stansfield	Rossendale Harriers	F45	25	22												-	47	22
32	Lisa Ellis	Clayton le Moors Harriers	FS	26		26											-	52	26
33	Irene Roche	Clayton le Moors Harriers	F60	29		27											-	56	27
34	Michelle Young	Rossendale Harriers	F45	28		30											-	58	28
35	Davina Raidy	Rossendale Harriers	F50	32		28											-	60	28
36	Vanessa Halstead	Worsthorne & Hurstwood RC	F40	31		29											-	60	29
37	Vanessa McCartney	Worsthorne & Hurstwood RC	F45	40	28												-	68	28
38	Hena Chaudry	Rossendale Harriers	F40	33		36											-	69	33
39	Julia Rushton	Clayton le Moors Harriers	F55	38		37											-	75	37
40	Sarah Jane Ashworth	Clayton le Moors Harriers	FS	42		34											-	76	34
41	Pamela Moriarty	Holcombe Harriers	F45		35	46											-	81	35
42	Lisa Corbett	Rossendale Harriers	F50		37	45											-	82	37
43	Claire Dandridge	U/A	F45		42	51											-	93	42
44	Helen Beech	Trawden AC	F40		48	59											-	107	48
45	Julie Carman	Trawden AC	F65	64		63											-	127	63
46	Briony Holt	Clayton le Moors Harriers	FJ	1													-	-	1
47	Louisa Powell-Smith	Clayton le Moors Harriers	F40	2													-	-	2
48	Candice Heys	British Triathlon	F40			4											-	-	4
49	Jacqueline Collins	Barlick Fell Runners	F40		4												-	-	4
50	Lisa Parker	Accrington Road Runners	F40	5													-	-	5
51	Helen Roden	Ribble Valley Runners	F35			6											-	-	6
52	Catherine White	Wharfedale Harriers	F40		6												-	-	6
53	Claire Vincent	Unattached	F35			8											-	-	8
54	Catherine Darbyshire	Accrington Road Runners	F45	8													-	-	8
55	Ciara Duffy	Clayton-le-Moors	FJ		9												-	-	9
56	Kathryn Miller	Clayton le Moors Harriers	F45	9													-	-	9
57	Hannah Newbold	Barlick Fell Runners	F		11												-	-	11
58	Bev Southworth	Trawden AC	F45			12											-	-	12
59	Lianne Belshaw	Trawden AC	F40			13											-	-	13
60	Alison Mort	Horwich RMI Harriers	F40	13													-	-	13
61	Emma Pease	Barlick Fell Runners	F40		15												-	-	15
62	Emily Nolan	Ribble Valley Runners	F35			17											-	-	17
63	Katie Griffiths	Ribble Valley Runners	F45		17												-	-	17
64	Barbara Savage	Clayton le Moors Harriers	F55	17													-	-	17
65	Vicky Heys	Clayton le Moors Harriers	F50			19											-	-	19
66	Dawn Ridsdale	Clayton le Moors Harriers	F35			20											-	-	20
67	Julie Townson	Trawden AC	F60	20													-	-	20

68	Helen Hyder	Ramsbottom Running Club	F40	21	-	-	21
69	Michelle Sumner	Clayton le Moors Harriers	FS	21	-	-	21
70	Teresa de Curtis	Clayton le Moors Harriers	F50	22	-	-	22
71	Basia Pawezczak	Blackpool Wyre & Fylde AC	F	23	-	-	23
72	Cath Wilson	Rossendale Harriers	F40	23	-	-	23
73	Bethan Walton	Accrington Road Runners	FS	24	-	-	24
74	Sarah Whittaker	Clayton-le-Moors	F40	24	-	-	24
75	Katie Walker	U/A	F	25	-	-	25
76	Sasha Mikita	Worsthorne with Hurstwood	F40	27	-	-	27
77	Darwen Dashers	Darwen Dashers	F55	27	-	-	27
78	Maggie Bugler	Barlick Fell Runners	F55	29	-	-	29
79	Sarah Ashworth	Clayton-le-Moors	F35	30	-	-	30
80	Rachel Pepper	Baxenden Running Bugs	F45	30	-	-	30
81	Debra Leah	Trawden AC	F50	31	-	-	31
82	Catherine Wilson	Rossendale Harriers	F40	32	-	-	32
83	Jill Maxfield	Trawden AC	F40	32	-	-	32
84	Hayley Copeman	Unattached	F50	33	-	-	33
85	Megan Worswick	U/A	F	33	-	-	33
86	Laura Goodrick	U/A	F	34	-	-	34
87	Claire Markham	Lytham St Annes RR	F45	34	-	-	34
88	Alexandra Mikita	Unattached	F40	35	-	-	35
89	Nicola Kitchin	Unattached	F50	35	-	-	35
90	Linda Edmondson	WFRA	F60	36	-	-	36
91	Gail Bamber	Blackburn Road Runners	F50	38	-	-	38
92	Amanda Fuller	Blackpool Wyre & Fylde AC	F45	39	-	-	39
93	Julia Rolfe	Lytham St Annes RR	F55	39	-	-	39
94	Nicky Spence	Ribble Valley Runners	F50	42	-	-	42
95	Sarah Mackrell	Worsthorne & Hurstwood RC	F45	43	-	-	43
96	Elaine Corcoran	Trawden AC	F40	44	-	-	44
97	Angela Hannan	Unattached	F40	44	-	-	44
98	Jane Ryan	Clayton le Moors Harriers	F45	45	-	-	45
99	Pamela Moriarty	Holcombe Harriers	F45	46	-	-	46
100	Olga Wiggins	Preston Harriers	F40	46	-	-	46
101	Marie Christian	Rossendale Harriers	F75	47	-	-	47
102	Sara Jacobs	Fell Runners Association	F55	47	-	-	47
103	Eileen Wadsworth	Rossendale Harriers	F60	48	-	-	48
104	Ruth Stunell	Rossendale Harriers	F40	48	-	-	48
105	Denise Owen	Rossendale Harriers	F50	49	-	-	49
106	Susan Hird	Barlick Fell Runners	F65	50	-	-	50
107	Abigail Hepworth	U/A	F	50	-	-	50
108	Helen Harrison	Clayton le Moors Harriers	F50	52	-	-	52
109	Louise Gaskell	Unattached	F40	53	-	-	53
110	Xuejun Shirley Yuan	Accrington Road Runners	F45	53	-	-	53
111	Janet Hoyle	Accrington Road Runners	F60	54	-	-	54
112	Julie Wrigley	Accrington Road Runners	F50	54	-	-	54
113	Jane Hylands	Clayton le Moors Harriers	F50	55	-	-	55
114	Pamela McCullagh	Accrington Road Runners	F45	55	-	-	55
115	Katharine Gregson	Accrington Road Runners	F45	56	-	-	56
116	Keeley Crabtree	Unattached	F45	57	-	-	57
117	Vron Walker	Wesham Road Runners	FS	57	-	-	57
118	Louise Lord	Wesham Road Runners	F45	58	-	-	58
119	Sally Deacon	Wesham Road Runners	F55	59	-	-	59
120	Jenny Mabbutt	Unattached	F40	60	-	-	60
121	Wendy Schofield	Unattached	F55	61	-	-	61
122	Sharon Wilson	Clayton le Moors Harriers	F45	65	-	-	65
123	Sharon Webber	Trawden AC	F45	67	-	-	67
124	Debbie Myerscough	Wesham Road Runners	F55	68	-	-	68
125	Annette Spokes-Ellis	Rossendale Harriers	F45	69	-	-	69
126	Gabrielle Lee	Unattached	FS	69	-	-	69