

Pos	No	Name	Club	Class	Time
1	114	Tom Corrigan	Barlick	M	34.01
2	127	Aidan Holgate	Clayton	M	35.19
3	136	Andrew Worster	Todmordon	M	35.49
4	105	Stephen Corrishley	Rossendale	M	36.30
5	46	Stephen Hall	Barlick	M45	37.01
6	39	Danny Bennett	Rochdale	M50	37.05
7	52	David Mirfield	Barlick	M	37.37
8	74	Ben Walmsley	Ribble Valley Harriers	M	38.11
9	64	Glen Goodwin	Accrington	M55	38.27
10	142	Paul Crabtree	Wharfedale	M50	38.56
11	118	Andy Berry	Barlick	M40	39.20
12	132	Laura Hesketh	Clayton	F35	39.55
13	6	Josh Woodstock	Accrington	M40	40.26
14	79	James Dunderdale	Clayton	M40	40.30
15	90	Ben Toms	U/A	M	40.39
16	32	Chris Rush	Ribble Valley Runners	M	40.42
17	91	Barrie Charnley	Barlick	M45	40.46
18	73	Sean Constantine	Holcombe Harriers	M50	40.50
19	86	Paul Needham	Trawden	M50	40.06
20	82	David Pearce	Barlick	M45	42.20
21	87	Dom Howell	Clayton	M45	42.49
22	63	Martin Connolly	U/A	M	42.50
23	43	Ashley Smith	Clayton	M	42.51
24	143	Liz Ensc	Wharfedale	F40	43.06
25	98	Garth Spencer	Ribble Valley Runners	M	43.44
26	31	Craig Nicholls	Ribble Valley Runners	M45	43.55
27	135	Duncan Bennett	Ribble Valley Runners	M40	43.56
28	38	Alex Frost	Rossendale	M50	44.09
29	126	Kirk Butler	Trawden	M	44.20
30	139	Zak Kaye	Barlick	M	44.24
31	19	Thornton Taylor	Rossendale	M65	44.30
32	83	Andrew smith	Barlick	M55	44.42
33	27	Rebecca Rimmington	Clayton	F25	45.11
34	125	Matthew Little	Trawden	M50	45.25
35	89	Gary Thompson	Barlick	M60	45.36
36	141	Dan Vipham	U/A	M40	45.41
37	110	Anne Hindle	Rossendale	F50	45.44
38	99	Dan Evans	Ribble Valley Runners	M	46.12
39	5	Simon Philips	Stockport Tri	M60	46.16
40	113	Gavin Biriny	Clayton	M40	46.47
41	61	Jason Saunders	WWHR	M50	46.59
42	56	David Montague	R4CF	M55	47.03
43	72	Matthew Coates	U/A	M	47.39
44	53	Paul Young	Rossendale	M40	48.16
45	134	Lucy brown	Barlick	F35	48.17
46	76	Chris Barnes	Ribble Valley	M45	48.21
47	102	Barry Clegg	Ribble Valley runners	M40	48.43
48	95	Helen Roden	Ribble Valley runners	F35	48.48
49	16	Carl Carey	Clayton	M50	48.49
50	59	Graham Jenkins	Ribble Valley Runners	M50	49.03
51	2	Andrew Webster	Clayton	M50	49.13
52	107	Rob Dickinson	U/A	M55	49.46
53	116	Heather Driver	Barlick	F35	49.48
54	137	Mick Brankin	Trawden	M50	49.54
55	10	David Howard	Trawden	M65	50.01
56	24	Kim Kennedy	Clayton	F40	50.06
57	29	Nigel Owens	U/A	M60	50.22
58	20	Craig Eccles	Clayton	M45	50.33
59	97	Kate Griffiths	Ribble Valley Runners	F45	50.41
60	112	Joanne Clever	Rossendale	F35	50.55
61	133	May Gray	U/A	F40	51.02
62	7	Vicky Heys	Clayton	F50	51.14
63	57	Michael Parker	Running G\$	M55	51.35
64	14	Lyn Whittaker	Wharfedale	F60	51.37
65	40	Austin Wensley	Rossendale	M	51.39
66	109	Diane Haggart	Ribble Valley Runners	F55	51.40

67	96	Chris Donald	Ribble Valley Runners	M55	52.12
68	94	Neil Sutton	Ribble Valley Runners	M60	52.17
69	108	John Mcdonald	Trawden	M55	52.17
70	15	Stephen Lane	U/A	M55	52.40
71	93	Kieran Cummings	U/A	M	52.42
72	130	Daniel Thomson	U/A	M40	52.45
73	70	Paul Roberts	Trawden	M45	52.46
74	62	Andrew Kershaw	Rossendale Tri	M552	52.51
75	106	Stephen Mounsey	WWHR	M60	52.57
76	140	David Shorrock	Trawden	M45	53.17
77	101	Louise Hargraves	Trawden	F40	53.19
78	28	Lisa Ellis	Clayton	F40	53.31
79	131	Joseph Platt	Trawden	M50	53.37
80	92	Catherine Britcliffe	Ribble valley Runners	F50	53.40
81	42	Steven Melling	Rossendale	M65	53.46
82	17	Richard Scott	Rossendale	M60	54.05
83	54	Michelle Young	Rossendale	F45	54.10
84	13	Geoffrey Palmer	Ribble Valley Runers	M65	54.12
85	9	Stevan Tonks	Clayton	M40	54.15
86	45	Peter O Gorman	Rossendale	M60	54.23
87	75	Joanne Motley	Ribble Valley Runners	F40	54.30
88	23	Hena Chaudry	Rossendale	F40	55.02
89	69	Glyn Williams	Prestwick	M50	55.06
90	121	David Barnes	Trawden	M60	55.13
91	21	Hannah Eccles	Clayton	FJ	55.24
92	60	Andrew Robinson	Accrington	M45	55.31
93	48	Davina Raidy	Rossendale	F50	55.33
94	80	Andrew Hollas	Accrington	M55	55.40
95	18	Osman Sidik	U/A	M50	55.49
96	115	Marc Vipham	U/A	M40	55.55
97	33	Robert Mager	Trawden	M40	56.05
98	130	Daniel Thomson	U/A	M40	56.07
99	81	Daniel Polard	Clayton	M	56.24
100	1	Irene Roche	Clayton	F60	56.27
101	4	John Carman	Trawden	M70	56.37
102	26	Nicky Spencer	Ribble Valley Runners	F50	57.25
103	144	Emily Nolan	Ribble Valley Runners	F35	57.45
104	58	Rachel Strutz	Accrinton	F40	57.50
105	11	Debra Leah	Trawden	F50	57.52
106	88	Alexandra Mikita	WWHR	F40	59.11
107	50	Jean Knightley	Clayton	F60	59.33
108	67	Julia Rushton	Clayton	F55	59.34
109	84	Ross Whittaker	U/A	M40	59.57
110	30	David Scott	Clayton	M75	60.06
111	100	Marcus Thurnhill	Ribble Valley runners	M45	60.24
112	78	Robert Smith	Trawden	M65	6.04
113	111	Adam Howard	Trawden	M	61.43
114	68	Jo Houghton	Prestwick	F55	62.18
115	120	Janet Rogers	WWHR	F60	62.20
116	138	Graham Haldane	Ribble Valley Runners	M60	63.00
117	8	Ian Hargreaves	Clayton	M55	63.38
118	119	Wayne Ellison	Trawden	M45	64.15
119	35	Eileen Wadsworth	Rossendale	F60	64.22
120	65	Tom Bullock	U/A	M	64.33
121	77	Mark Walsh	Trawden	M60	64.56
122	129	Christine Smith	Rossendale	F45	65.08
123	47	Julie Balchin	U/A	F55	65.59
124	25	Sarah Jane Ashworth	Clayton	F35	66.33
125	122	Keeley Crabtree	U/A	F45	67.30
126	123	Kate Plowright	U/A	F50	67.31
127	124	Loise Gaskell	U/A	F40	67.31
128	104	Tori Bryant	Rossendale	F	67.56
129	34	Hilary Farrel	Rossendale	F55	68.34
130	85	Neil Hargreaves	U/A	M70	70.30
131	55	David Morris	Blackburn	M55	71.18
132	3	Julie Carman	Trawden	F65	71.47
133	44	Barrie Tabern	Ribble Valley Runners	M45	72.39

134	41	Adrian Melton	Accrington	M75	72.57
135	36	Helen Beech	Trawden	F40	73.05
136	22	Karin Goss	Clayton	F70	75.20
137	117	Sharon Wilson	Clayton	F45	76.14
138	71	Lynne Hawthornthwaite	Trawden	F40	79.11
139	51	Clare Mean	Trawden	F50	79.17
140	12	Phil Martin	Bowland	M80	81.45
141	66	Christine Leathley	Clayton	F70	82.44
142	49	Robert Hirst	Clayton	M70	82.45
143	128	Jack McGuire	Clayton	M65	93.35
144	37	Philip Simpson	Trawden	M45	105.32