

	Name	club	cat	Run Forrest Run	Piaw Trail	Hemelton	Kelbrook	Weeks	Barrowford 5K	Crooked Biller Trail	Trawden Trail	Hendon Brook	Towneley 10 K	Greenway 5 K	Worsthorne	Bouisworth Fell	Best from 4	Best from 5	Best 6	Best 8
1	Liz Ensor	Wharfedale Harriers	F40	4	2	2		3		2	2						8	11	15	-
2	Josephine Wells	Rossendale Harriers	F	6	5	5	2	6	12		6						18	24	30	-
3	Rebecca Rimmington	Clayton le Moors Harriers	F	7		3	5	10	9	3							18	27	37	-
4	Lucy Brown	Barlick Fell Runners	F	11	8	10		9	17	5	8						30	40	51	-
5	Kim Kennedy	Clayton le Moors Harriers	F40	12	7	7				8	11						33	45	-	-
6	Heather Driver	Barlick Fell Runners	F35		14	16	6	11	24	7	12						36	50	66	-
7	Kate Griffiths	Ribble Valley Runners	F45	16	17	11		12		9	14						46	62	79	-
8	Lynn Whittaker	Wharfedale Harriers	F60	19	13	15	8	13	27	13	18						47	62	80	126
9	Sophie Howard	Rossendale Harriers	F		10	18	10	14			17						51	69	-	-
10	Diane Haggart	Ribble Valley Runners	F55	15	16	14	9			14	24						52	68	92	-
11	Lisa Ellis	Clayton le Moors Harriers	F	26		26	11	17	23	16	28						67	93	119	-
12	Joanne Motley	Ribble Valley Runners	F40	18	18	23		16		19	27						71	94	121	-
13	Emily Nolan	Ribble Valley Runners	F35			17			13	25	19						74	-	-	-
14	Michelle Young	Rossendale Harriers	F45	28		30	14	18	29	18	32						78	107	137	-
15	Vicky Heys	Clayton le Moors Harriers	F50			19			25	12	25						81	-	-	-
16	Rachael Strutz	Accrington Road Runners	F40	41	26	41	13	19	32	26							84	116	157	-
17	Davina Raidy	Rossendale Harriers	F50	32		28	17		35	22	38						99	134	172	-
18	Julia Rushton	Clayton le Moors Harriers	F55	38		37	19	22	30	30							101	138	176	-
19	Hena Chaudry	Rossendale Harriers	F40	33		36	16		37	20	37						105	142	179	-
20	Irene Roche	Clayton le Moors Harriers	F60	29		27			33	23							112	-	-	-
21	Jane Ryan	Clayton le Moors Harriers	F45	45			22	21			47						135	-	-	-
22	Sarah Jane Ashworth	Clayton le Moors Harriers	F	42	30	34			36	36	45						136	178	223	-
23	Christine Smith	Rossendale Harriers	F45	50	38	47	25		39	34	63						136	183	233	-
24	Keeley Crabtree	Unattached	F45	62	43	57	32	27	42	37	72						138	181	238	372
25	Kate Plowright	Unattached	F50	61	44	56	31	26	45	38	71						139	184	240	372
26	Hilary Farren	Rossendale Harriers	F55	65	45	60	27	29		41	80						142	202	267	-
27	Eileen Wadsworth	Rossendale Harriers	F60			48	24		40	33	60						145	205	-	-
28	Karin Goss	Clayton le Moors Harriers	F70	63	46	62	28	28	46	44	86						146	192	254	403
29	Janet Rogers	Worsthorne & Hurstwood RC	F60	52	36	43			38	32							149	201	-	-
30	Clare Mead	Trawden AC	F50	67	51	66	34	30	44	47	93						155	206	272	432
31	Lynne Hawthornthwaite	Trawden AC	F40	66	52	64	35	31	43	46	91						155	207	271	428
32	Lorna Holt	Rossendale Harriers	F45	51	41	58		25									175	-	-	-
33	Julie Carman	Trawden AC	F65	64		63	29		47	42	83						181	245	328	-
34	Christine Leathley	Clayton le Moors Harriers	F70	70	53	68	33		48	48							182	250	320	-
35	Eve Hartley	Clayton-le-Moors	FJ		1	1	1										-	-	-	-
36	Laura Hesketh	Unattached	F35						2	1	1						-	-	-	-
37	Jacqueline Collins	Barlick Fell Runners	F40		4		3	5									-	-	-	-
38	Helen Roden	Ribble Valley Runners	F35			6			11	6							-	-	-	-
39	Heather Dalgleish	Rossendale Harriers	F40	10	12	9											-	-	-	-
40	Joanne Cleaver	Rossendale Harriers	F35						20	10	16						-	-	-	-
41	Dawn Ridsdale	Clayton le Moors Harriers	F35			20	12		22								-	-	-	-
42	Jayne Butterworth	Skipton AC	F55	14	19	22											-	-	-	-
43	Lisa Stansfield	Rossendale Harriers	F45	25	22			15									-	-	-	-
44	Sarah Whittaker	Clayton-le-Moors	F40		24			24	34								-	-	-	-
45	Vanessa McCartney	Worsthorne & Hurstwood RC	F45	40	28		15										-	-	-	-
46	Sissel Lundberg-Bury	Rossendale Harriers	F55	37	31	40											-	-	-	-
47	Pamela Moriarty	Holcombe Harriers	F45		35	46					46						-	-	-	-
48	Nicola Spencer	Clayton le Moors Harriers	F40	49	40	49											-	-	-	-
49	Sharon Wilson	Clayton le Moors Harriers	F45			65		32		45							-	-	-	-
50	Helen Beech	Trawden AC	F40		48	59				43							-	-	-	-
51	Claire Dandridge	U/A	F45		42	51					62						-	-	-	-
52	Laura Craig	Barlick Fell Runners	F	3	3												-	-	-	-
53	April Thorpe	U/A	F				4				3						-	-	-	-
54	Lisa Parker	Accrington Road Runners	F40	5					15								-	-	-	-
55	Anne Hindle	Rossendale	F50							4	20						-	-	-	-
56	Barbara Savage	Clayton le Moors Harriers	F55	17			7										-	-	-	-
57	Gillian Doolan	Stockport Tri Club	F50		20	25											-	-	-	-
58	Julie Townson	Trawden AC	F60	20							30						-	-	-	-
59	Debra Leah	Trawden AC	F50			31				27							-	-	-	-
60	Vanessa Halstead	Worsthorne & Hurstwood RC	F40	31		29											-	-	-	-
61	Alexandra Mikita	Worsthorne & Hurstwood RC	F40			35				28							-	-	-	-
62	Hannah Eccles	Clayton	FJ							21	43						-	-	-	-
63	Nicky Spencer	Ribble Valley Runners	F50			42				24							-	-	-	-
64	Sara Jacobs	Fell Runners Association	F55	47			20										-	-	-	-
65	Ruth Stunell	Rossendale Harriers	F40	48				20									-	-	-	-
66	Lisa Corbett	Rossendale Harriers	F50		37	45											-	-	-	-
67	Katharine Gregson	Accrington Road Runners	F45	56							35						-	-	-	-
68	Louise Gaskell	Unattached	F40							39							-	-	-	-
69	Sharon Webber	Trawden AC	F45			67					92						-	-	-	-
70	Briony Holt	Clayton le Moors Harriers	FJ	1													-	-	-	-
71	Hannah Jarvis	Barlick Fell Runners	F					1									-	-	-	-
72	Helen Smith	Unattached	F35						1								-	-	-	-
73	Emma Taylor	Barlick Fell Runners	F					2									-	-	-	-
74	Louisa Powell-Smith	Clayton le Moors Harriers	F40	2													-	-	-	-
75	Isabel Holt	Blackburn Harriers	FJ						3								-	-	-	-
76	Alice Jones	Wharfedale Harriers	FJ						4								-	-	-	-
77	Annabel Mason	Wharfedale Harriers	F					4									-	-	-	-
78	Candice Heys	British Triathlon	F40		4												-	-	-	-
79	Victoria Mousley	Fra	F40								4						-	-	-	-
80	Alia Braithwaite	Prestwich Athletic Club	F								5						-	-	-	-
81	Sophie Pilkington	Red Rose Road Runners	F						5								-	-	-	-

82	Catherine White	Wharfedale Harriers	F40	6	-	-	-	-
83	Ellen Sagar-Hesketh	Blackburn Harriers	F		6	-	-	-
84	Claire Leaver-Hewitt	Holmfirth Harriers	F40		7	-	-	-
85	Hannah Goldswain	Rossendale Harriers	F		7	-	-	-
86	Rachel Carter	Ilkley Harriers	F45			7	-	-
87	Catherine Darbyshire	Accrington Road Runners	F45	8			-	-
88	Claire Vincent	Unattached	F35		8		-	-
89	Katie Atherton	Keighley & Craven AC	F40		8		-	-
90	Laura Craig	Barlick Fell Runners	F35			8	-	-
91	Ciara Duffy	Clayton-le-Moors	FJ	9			-	-
92	Janine Needham	Red Rose Road Runners	F45			9	-	-
93	Kathryn Miller	Clayton le Moors Harriers	F45	9			-	-
94	Amber Pilkington	Chorley Athletic and Triathlon Club	FU21			10	-	-
95	Hannah Thornberry	Ribble Valley Runners	F40			10	-	-
96	Hannah Newbold	Barlick Fell Runners	F	11			-	-
97	May Gray	U/A	F40			11	-	-
98	Bev Southworth	Trawden AC	F45	12			-	-
99	Heather Driver	Barlick Fell Runners	F			12	-	-
100	Alison Mort	Horwich RMI Harriers	F40	13			-	-
101	Anya Townsend	Chorley Athletic and Triathlon Club	F			13	-	-
102	Lianne Belshaw	Trawden AC	F40	13			-	-
103	Wendy Barrett	Accrington Road Runners	F35			14	-	-
104	Emma Pease	Barlick Fell Runners	F40	15			-	-
105	Laura Murphy	Chorley Athletic and Triathlon Club	F45			15	-	-
106	Louise Hargraves	Trawden	F40			15	-	-
107	Ellie Richardson	Rossendale Harriers	FJ			16	-	-
108	Catherine Britcliffe	Ribble valley Runners	F50			17	-	-
109	Laura Monighan	Unattached	F35			18	-	-
110	Cara Bintcliffe	Halifax Harriers & AC	F			19	-	-
111	Fran Connolly	Blackpool Wyre & Fylde Athletic Club	F40			21	-	-
112	Helen Hyder	Ramsbottom Running Club	F40	21			-	-
113	Kate Pomfret	Blackburn Road Runners	F50		21		-	-
114	Michelle Sumner	Clayton le Moors Harriers	F	21			-	-
115	Sally Malir	Ilkley Harriers	ND			21	-	-
116	Louise Hargreaves	Trawden AC	F40			22	-	-
117	Teresa de Curtis	Clayton le Moors Harriers	F50	22			-	-
118	Basia Pawezczak	Blackpool Wyre & Fylde AC	F	23			-	-
119	Cath Wilson	Rossendale Harriers	F40	23			-	-
120	Miriam Hamilton	Blackburn Road Runners	F		23		-	-
121	Tanya King	Rossendale Harriers	F40			23	-	-
122	Bethan Walton	Accrington Road Runners	F		24		-	-
123	Katie Walker	U/A	F	25			-	-
124	Louise Abdy	Todmorden Harriers	F60		26		-	-
125	Madeline Hopkinson	Rossendale Harriers	F40			26	-	-
126	Rebecca Ward	Chorley Athletic and Triathlon Club	F40			26	-	-
127	Darwen Dashers	Darwen Dashers	F55	27			-	-
128	Sasha Mikita	Worsthorne with Hurstwood	F40	27			-	-
129	Bella Grimshaw	Clayton le Moors Harriers	F45			28	-	-
130	Jean Knightley	Clayton	F60			29	-	-
131	Maggie Bugler	Barlick Fell Runners	F55	29			-	-
132	Rach Garner	Prestwich Athletic Club	F50			29	-	-
133	Rachel Pepper	Baxenden Running Bugs	F45	30			-	-
134	Jo Houghton	Prestwich	F55			31	-	-
135	Lisa Ingham	Blackburn Road Runners	F50			31	-	-
136	Catherine Wilson	Rossendale Harriers	F40	32			-	-
137	Jill Maxfield	Trawden AC	F40	32			-	-
138	Hayley Copeman	Unattached	F50		33		-	-
139	Megan Worswick	U/A	F	33			-	-
140	Tanya Bunkham	Trawden AC	F			33	-	-
141	Claire Markham	Lytham St Annes RR	F45	34			-	-
142	Laura Goodrick	U/A	F	34			-	-
143	Rachael Shaw	Shaw Hill Runners	F			34	-	-
144	Julie Balchin	U/A	F55			35	-	-
145	Nicola Kitchin	Unattached	F50	35			-	-
146	Christine Warrington	Blackburn Road Runners	F45		36		-	-
147	Linda Edmondson	WFRA	F60	36			-	-
148	Pauline Naylor	Queensbury	F60			36	-	-
149	Gail Bamber	Blackburn Road Runners	F50	38			-	-
150	Amanda Fuller	Blackpool Wyre & Fylde AC	F45	39			-	-
151	Julia Rolfe	Lytham St Annes RR	F55	39			-	-
152	Tracey Mullan	Thornton and Cleveleys Running Club	F45			39	-	-
153	Gillian Middlemas		F60			40	-	-
154	Tori Bryant	Rossendale	F			40	-	-
155	Kelly Connolly	Unattached	F			41	-	-
156	Patricia Gill	Skipton Ac	F55			41	-	-
157	Evvie Feingold	Prestwich Athletic Club	F50			42	-	-
158	Sarah Mackrell	Worsthorne & Hurstwood RC	F45	43			-	-
159	Angela Hannan	Unattached	F40	44			-	-
160	Elaine Corcoran	Trawden AC	F40		44		-	-
161	Georgia Brennan		F			44	-	-
162	Olga Wiggins	Preston Harriers	F40	46			-	-
163	Marie Christian	Rossendale Harriers	F75	47			-	-
164	Paula Plowman	Red Rose Road Runners	F55			48	-	-
165	Christie-Anne Cunningham	Labc Runners	F45			49	-	-
166	Denise Owen	Rossendale Harriers	F50	49			-	-
167	Elizabeth Holden	Unattached	F50			49	-	-
168	Abigail Hepworth	U/A	F	50			-	-
169	Maxine Morton		F45			50	-	-
170	Susan Hird	Barlick Fell Runners	F65	50			-	-
171	Deborah Hurst		F45			51	-	-
172	Angela Howarth		F50			52	-	-
173	Helen Harrison	Clayton le Moors Harriers	F50	52			-	-

174	Hannah Caulfield		F40		53	-	-	-	-
175	Xuejun Shirley Yuan	Accrington Road Runners	F45	53		-	-	-	-
176	Alice Kirwan	Prestwich Athletic Club	F		54	-	-	-	-
177	Janet Hoyle	Accrington Road Runners	F60	54		-	-	-	-
178	Julie Wrigley	Accrington Road Runners	F50	54		-	-	-	-
179	Jane Hylands	Clayton le Moors Harriers	F50	55		-	-	-	-
180	Karen Goldswain	Rosendale Harriers	F55		55	-	-	-	-
181	Pamela McCullagh	Accrington Road Runners	F45	55		-	-	-	-
182	Anna Forrester		F		56	-	-	-	-
183	Caitlin Brown		F		57	-	-	-	-
184	Vron Walker	Wesham Road Runners	F	57		-	-	-	-
185	Louise Lord	Wesham Road Runners	F45	58		-	-	-	-
186	Sarah Marsden		F45		58	-	-	-	-
187	Jennifer Burtonwood	Blackpool Wyre & Fylde Athletic Club	F55		59	-	-	-	-
188	Sally Deacon	Wesham Road Runners	F55	59		-	-	-	-
189	Jenny Mabbutt	Unattached	F40	60		-	-	-	-
190	Alison Mercer	Red Rose Road Runners	F60		61	-	-	-	-
191	Wendy Schofield	Unattached	F55	61		-	-	-	-
192	Cheryl Schofield	Lonely Goat	F45		64	-	-	-	-
193	Rebecca Barnes		F45		65	-	-	-	-
194	Janet Peterson		F55		66	-	-	-	-
195	Gillian Kershaw	Labc Runners	F55		67	-	-	-	-
196	Anita Rostas		F		68	-	-	-	-
197	Debbie Myerscough	Wesham Road Runners	F55	68		-	-	-	-
198	Annette Spokes-Ellis	Rosendale Harriers	F45	69		-	-	-	-
199	Elizabeth Calvert	Prestwich Athletic Club	F45		69	-	-	-	-
200	Gabrielle Lee	Unattached	F	69		-	-	-	-
201	Suzanne Brennan		F50		70	-	-	-	-
202	Emma Quinn	Fylde Coast Runners	F40		73	-	-	-	-
203	Dawn Saunders	Thornton and Cleveleys Running Club	F50		74	-	-	-	-
204	Leanne Batty	Thornton and Cleveleys Running Club	F40		75	-	-	-	-
205	Rachel Fryers		F45		76	-	-	-	-
206	Emma Wilkinson		F40		77	-	-	-	-
207	Claire St. John	Blackpool Wyre & Fylde Athletic Club	F40		78	-	-	-	-
208	Claire Dunn	Blackpool Wyre & Fylde Athletic Club	F		79	-	-	-	-
209	Lisa Fenton	Labc Runners	F45		81	-	-	-	-
210	Heidi Hird	Blackburn Road Runners	F45		82	-	-	-	-
211	Laura Dalton	Blackpool Wyre & Fylde Athletic Club	F40		84	-	-	-	-
212	Elizabeth Allison	Trawden AC	F55		85	-	-	-	-
213	Karen Smith	Thornton and Cleveleys Running Club	F55		87	-	-	-	-
214	Julie Marsden	Blackburn Road Runners	F45		88	-	-	-	-
215	Wendy Hope	Blackpool Wyre & Fylde Athletic Club	F45		89	-	-	-	-
216	Nina Watters	Red Rose Road Runners	F		90	-	-	-	-